



**REQUEST FOR TEMPORARY WORK ADJUSTMENT FOR AN  
INDIVIDUAL AT HIGH RISK FOR SEVERE ILLNESS FROM COVID-19**

Employees who are concerned about returning to onsite work because they are a high-risk individual or live with a high-risk individual should complete this form and have the health care provider certification completed (unless their concern is that they are age 65 or older). The final form should be sent to UHRM. UHRM will confirm to the supervisor that the employee is eligible to request a temporary work adjustment. Completing this form is no guarantee that the temporary work adjustment will be approved. Temporary work adjustments must be analyzed by the department and may be approved based on the needs and abilities of the department using fair and objective criteria (with oversight from the cognizant VP).

Employee Information	
Name: _____	Employee ID # _____
Email Address: _____	Home/Cell Phone: _____
Department: _____	Work Phone: _____
Supervisor: _____	Payroll Reporter: _____

Employee Certification
<p><b>I hereby certify:</b></p> <p><input type="checkbox"/> I meet one or more of the CDC’s criteria to be considered an individual at high risk (set forth below).</p> <p><input type="checkbox"/> I live with _____, who is an individual who meets one or more of the high risk criteria below and I am unable to adjust my living situation to avoid close contact with them.</p> <p><input type="checkbox"/> I am age sixty-five (65) or older or live with an individual who is age sixty-five (65) or older.</p> <p><b>I am requesting the following temporary work adjustment:</b></p> <p><input type="checkbox"/> Unpaid Leave of Absence from _____ to _____.</p> <p><input type="checkbox"/> Working remotely from _____ to _____.</p> <p><input type="checkbox"/> Other: _____</p> <p><b>Employee Signature:</b> _____ <b>Date:</b> _____</p>

Health Care Provider Certification
<p>I hereby certify that the above-referenced individual meets one or more of the following criteria:</p> <p><input type="checkbox"/> The individual has chronic lung disease or moderate to severe asthma.</p> <p><input type="checkbox"/> The individual has a serious heart condition.</p> <p><input type="checkbox"/> The individual is immunocompromised (many conditions can cause a person to be immunocompromised, including cancer treatment, smoking, bone marrow or organ transplantation, immune deficiencies, poorly controlled HIV or AIDS, and prolonged use of corticosteroids and other immune weakening medications)</p> <p><input type="checkbox"/> The individual has severe obesity (body mass index [BMI] ≥40)</p> <p><input type="checkbox"/> The individual has diabetes</p> <p><input type="checkbox"/> The individual has chronic kidney disease undergoing dialysis</p> <p><input type="checkbox"/> The individual has liver disease</p> <p><input type="checkbox"/> The individual is pregnant and should be monitored, since they are known to be at greater risk for severe viral illness</p> <p><b>Health Care Provider Signature:</b> _____ <b>Date:</b> _____</p> <p><b>Health Care Provider Name:</b> _____</p>

**University Human Resource Management**  
 250 East 200 South, Suite 125, Salt Lake City, Utah 84111 Phone: (801) 581-7447  
 Fax Completed Form to UHRM at: (801) 585-7375  
 Email Completed Form to UHRM at: [AskHR@utah.edu](mailto:AskHR@utah.edu)